



Running and Walking Club



- Enjoy exercising with a group of people without competition?
- Interested in trying out for a team sport and need to get in shape?
- Would like to train for a walking or running race? Mile, 5k, 10k?

JOIN THE CLUB:

- Tuesdays and Thursdays
- **After school 3-3:50 (STUDENTS MUST BE PICKED UP by 4:00)**
- TEWMS and WCHS campus (1.5 mile course which is the sidewalks of both campus) Students are **not** running or walking on Wells road ever!

If you are interested in joining the club you must have parents fill out the form below.

Student Name: _____

Parent Name and Phone
Number: _____

Please sign below if you agree to allow your child to participate in the Running Club, and you agree to pick your child up from TEWMS GYM at 3:55.

Parent's Signature: _____

*If your child has permission to ride home with another student please indicate that information below or on the back.

** If your child has permission to walk home please indicate that information below or on the back. Please include the location of your home.